



## Balboa Activity Arc's

Over 100,000 Arc's earned by Scouts at Camp Balboa weekends.

Arc's are earned at Camp Balboa for participating in weekend camp activities, Wood Tool Safety & Use, Knots & Rope Making, Compass, No To Drugs, Cooking, Campfire, Skits, Songs, and 40 more.

Units camping at Balboa for 3 weekends and participate in the activities available can earn arc's to circle the Balboa patch twice and make a colorful patch that is 6 1/2" in diameter.

### What do Activity Arc's do for "YOU"?

When you come to Camp Balboa the ARC program will make it easy to get your Scouts to work on some of their advancement and activity requirements because of that little patch they can earn for doing the requirements. Several of the ARC's parallel those activities. i.e.; Knife Safety, Camping, Scouts Own, Knots, and Fire Safety.

The ARC's are done by each unit by the unit leaders. The weekend staff is always available to assist the unit with any of the weekend program as necessary. Each weekend usually has available Wood Tool Safety, Rope & Knots, Compass, and any others that you are not comfortable with.




The entire weekend program including the ARC's is set up at the leader meeting on Friday night in Baden Powell Lodge. The program is scheduled to best benefit all units at camp. Over 80,000 ARC's sold have proven the program to be a success.

		Balboa Camp Patch
2	 <b>Americanism</b>	Discuss what it means to be a good American citizen
3	 <b>Archery</b>	Learning technique and shooting skills with the bow & arrow.
4	 <b>Arrowhead</b>	Second campout at Camp Balboa & Service Project
5	 <b>Astronomy</b>	Identification of various constellations
6	 <b>Bear</b>	Discuss what is a good Bear Scout to you
7	 <b>Brave</b>	Third campout at Camp Balboa & service project
8	 <b>Campfire</b>	Participate in a campfire with another unit in camp
9	 <b>Camping</b>	Camp at Camp Balboa with your unit
10	 <b>Ceremony</b>	Unit Awards or Flag Retirement Ceremony at Camp Balboa

11	 <b>Chief</b>	Forth campout at Camp Balboa & service project
12	 <b>Compass</b>	Learn to find your way with a compass
13	 <b>Cooking</b>	Cook one of your patrol/den meals
14	 <b>Craft</b>	Work on a Craft while at a Balboa weekend campout
15	 <b>Ecology</b>	Discuss things that will clean up the world
16	 <b>Fight Hunger</b>	Bring a Can, Box, or Bag of food, Give your reason for helping
17	 <b>Fire Safety</b>	Attend a class on fire building, use, & safety
18	 <b>Fitness</b>	Demonstrate four exercises for 15 minutes (total)
19	 <b>Flag Ceremony</b>	Participate in a flag ceremony with your den/patrol
20	 <b>Fleur-de-lis</b>	Discuss the Scout Oath and Law in your own words
21	 <b>Friendship</b>	Friendship with Scouts from another country/council

22	 <b>Games</b>	Play a game other than Football, Soccer, Baseball, with another unit
23	 <b>Handicap Awareness</b>	Go through the Handicap obstacle course.
24	 <b>Hiking</b>	Take the hike from camp to Balboa Park and back
25	 <b>Kites</b>	Make a kite and fly it in camp
26	 <b>Knots</b>	Learn and demonstrate knots at your rank level
27	 <b>Lashing</b>	Demonstrate two types of lashings (Boy Scouts)
28	 <b>Music/Songs</b>	Participate in songfest or lead 2 songs at campfire
29	 <b>Overnighter</b>	Get the camping patch, camp over at least one night
30	 <b>Pine Tree</b>	Identify four plants or trees around the camp
31	 <b>Recycle</b>	Identify four recyclable items brought to camp
32	 <b>Recruiter (FREE)</b>	Bring a friend and sign him up for Scouting while at camp
33	 <b>Red Cross</b>	Show emergency first aid for your rank

34	 <b>Safe at Home</b>	Discuss things to make your home safe and secure
35	 <b>Say No to Drugs</b>	What do you think about drug problems & abuse
36	 <b>Scouts Own</b>	Participate in a Religious Service (Scouts Own)
37	 <b>Service Project</b>	Give a hour of service to make the Camp better
38	 <b>Air Rifle</b>	Learning technique and shooting skills with the air rifle.
39	 <b>Skits</b>	Make or remake a skit and show it at campfire
40	 <b>Sports</b>	Play a sport in the field with another unit
41	 <b>Swimmer</b>	Do the safe swim requirements for your rank
42	 <b>Three Finger</b>	Explain the Scout Sign to the Campmaster
43	 <b>Tiger Scout</b>	Explain what is a good Tiger Cub
44	 <b>Two Finger</b>	Explain the Cub Scout Sign to the Campmaster
45	 <b>Webelos Scout</b>	Discuss what is a good Webelos Scout to you

46	 <b>Wolf Scout</b>	Discuss what is a good Wolf Scout to you
47	 <b>Wood Tools</b>	Participate in the Knife, Ax, and Saw safety course
48	 <b>Zoo</b>	Visit the Zoo or take the behind the scenes tour